

**OTAGO SENIOR LONG COURSE CARNIVAL 2023 (SNZ Approved)**  
**Moana Pool, Dunedin**

**18-19 March 2023**

**PARA RECORDS BROKEN/ESTABLISHED**

**Female:**

|                         |     |                                  |                |     |         |            |
|-------------------------|-----|----------------------------------|----------------|-----|---------|------------|
| 50m Free<br>45-49yrs    | S10 | No previous Record<br>New Record | Ilonka Buwalda | NC5 | 50.89   | 19.03.2023 |
| 100m Free<br>45-49yrs   | S10 | No previous Record<br>New Record | Ilonka Buwalda | NC5 | 1:53.37 | 18.03.2023 |
| 50m Back<br>45-49yrs    | S10 | No previous Record<br>New Record | Ilonka Buwalda | NC5 | 1:09.91 | 19.03.2023 |
| 100m Back<br>45-49yrs   | S10 | No previous Record<br>New Record | Ilonka Buwalda | NC5 | 2:26.92 | 18.03.2023 |
| 50m Breast<br>45-49yrs  | SB9 | No previous Record<br>New Record | Ilonka Buwalda | NC5 | 1:21.94 | 18.03.2023 |
| 100m Breast<br>45-49yrs | SB9 | No previous Record<br>New Record | Ilonka Buwalda | NC5 | 3:37.78 | 19.03.2023 |

**Male:**

|                       |      |                                  |                    |     |         |            |
|-----------------------|------|----------------------------------|--------------------|-----|---------|------------|
| 100m Free<br>45-49yrs | S10  | No previous Record<br>New Record | Christoph Bartneck | JP5 | 1:08.63 | 18.03.2023 |
| 200m Free<br>45-49yrs | S10  | No previous Record<br>New Record | Christoph Bartneck | JP5 | 2:34.03 | 18.03.2023 |
| 400m Free<br>45-49yrs | S10  | No previous Record<br>New Record | Christoph Bartneck | JP5 | 5:35.54 | 19.03.2023 |
| 200m Back<br>45-49yrs | S10  | No previous Record<br>New Record | Christoph Bartneck | JP5 | 3:01.78 | 18.03.2023 |
| 100m Fly<br>45-49yrs  | S10  | No previous Record<br>New Record | Christoph Bartneck | JP5 | 1:27.07 | 19.03.2023 |
| 200m Fly<br>45-49yrs  | S10  | No previous Record<br>New Record | Christoph Bartneck | JP5 | 3:15.60 | 18.03.2023 |
| 200m IM<br>45-49yrs   | SM10 | No previous Record<br>New Record | Christoph Bartneck | JP5 | 3:05.59 | 19.03.2023 |